



45TH ANNUAL CROSS CULTURAL CONFERENCE

REGISTRATION

FEBRUARY 23-26, 2023
GREENVILLE, SC • HILTON HOTEL

Theme

**BUILDING BRIDGES OF HOPE: HEALING, OPPORTUNITY,
PROGRAMMING, AND EMPOWERMENT**

Mid-Carolina AHEC, Inc.
Member of South Carolina AHEC



"Excellence in Health Care Through Education"

www.crossculturalactioncouncil.org



Hilton Greenville



CONFERENCE GOAL The Conference is designed to provide participants with the knowledge, skills and networking opportunities that will enhance the delivery and effectiveness of services in their respective professions.

WHO SHOULD ATTEND This conference is designed for persons working with diverse cultural groups including but not limited to: students, social workers, nurses, professional counselors, psychologists, physicians, attorneys, law enforcement, policy makers, educators, members of the clergy, criminal justice professionals, as well as other interested personnel.

CONTACT HOURS AND CONTINUING EDUCATION The Action Council for Cross-Cultural Mental Health and Human Services is approved by the South Carolina Board of Social Work Examiners as a continuing education provider. Approval has also been granted by the South Carolina Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. The conference will provide 12.75 general hours and 8.75 social work hours for both licensing boards.

NURSING Mid-Carolina AHEC Inc. is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission of Accreditation. This continuing education activity, approval #1212-031-PR-305, is approved for 21.5 hours. Participants must attend 90% of the program in order to receive a certificate of attendance. No partial credit will be given.



2023 STUDENT ACADEMY

SATURDAY, FEBRUARY 25, 2023

BUILDING BRIDGES OF HOPE: HEALING, OPPORTUNITY,
PROGRAMMING, AND EMPOWERMENT

9:00-9:15

WELCOME

DR. TIFFANY HOLLIS

9:15-9:45

ACTION COUNCIL 101

TRACY RICHARDSON *Action Council Secretary*

DR. CARL JONES *Action Council Board Member*

BREAK

10:00-11:45

MARY R. RAWLS, PH.D

Lenoir Rhyne University

12:00-1:45

LUNCH

2:00-3:45

BODEQUIA SIMON, LMSW

Founder, Black Girls in Social Work

4:00-5:30

PANEL DISCUSSION

Transgender Health Services: A Holistic Approach

Student Academy Contact

TIFFANY HOLLIS, PH.D

Student Academy Coordinator

Assistant Professor

Spadoni College of Education and Social Sciences

Coastal Carolina University

2023 CONFERENCE AGENDA

THURS.
FEBRUARY
23RD

CONFERENCE REGISTRATION OPENS 2:30 pm

PRE-CONFERENCE WORKSHOPS

3:00 – 6:00

JESSICA BARNES

Program Manager

SCDMH Office of Suicide Prevention

Pre-Conference event limited to 30 participants



safeTALK

Learn the Skills to Help Save a Life



Increase your suicide alertness with this half-day training session. Learn how to identify people who have thoughts of suicide and connect them to resources to help keep them safe.

FRIDAY
FEBRUARY
24TH

8:30 – 9:45

OPENING PLENARY

SPEAKER

STEPHEN MCLEOD BRYANT, MD

Clinical Associate Professor

Department of Psychiatry and Behavioral Sciences

Miller School of Medicine, University of Miami Health System



10:00 – 11:45

CONCURRENT WORKSHOPS

10:00 – 11:45

CONCURRENT WORKSHOPS

CLINICAL TRACK

She called her Trauma, Transformation

NAKISHA S. RANDOLPH, LMFT

Director of Training and Programs

International Human Trafficking Institute

Using a narrative approach, participants will learn different types of trauma/adversities; understanding common reactions to trauma; explore short and long-term consequences of trauma exposure; and be empowered to recognize how renaming and rewriting their trauma stories leads to healing and recovery.

POLICY TRACK

Community Mental Health with Vulnerable People: Erik Erikson's Theory of Psychosocial Development and LGBTQIA+ Clients

CANDICE MORGAN, PH.D., M.S.W., L.M.S.W.

Clinical Assistant Professor, M.S.W. Greenville Site Coordinator

*Specialization Chair: Community, Social, and
Economic Development*

Lesbian, Gay, Bisexual, Transgender (LGBT) people have unique needs. LGBT clients who receive behavioral health services in our community agencies continue to experience discrimination and health disparities. This training seeks to provide best practices related to unique needs of LGBT clients in behavioral health services.

FAMILY / COMMUNITY TRACK

Hello. My Name is Ruth. I am....

RUTH BROCK

IPS Employment Center

National Trainer for Individual Placement and Support

Employment is a recovery tool for individuals with mental illness and co-occurring disorders. Mental health providers should focus delivery of services that address equality, diversity, inclusion, and access. This workshop will discuss the eight core principles of evidence-based supported employment.

12:00 – 1:45

PRESIDENT'S LUNCHEON

SPEAKER

MIKE YOUNG, MA, CHW

Director of Equity, Diversity, and Inclusion

PASOs Programs

Center for Community Health Alignment

Arnold School of Public Health

University of South Carolina



2:00 – 3:45

CONCURRENT WORKSHOPS

CLINICAL TRACK

African American Women & Mental Health: Strengths, Challenges and Opportunities for Growth

GINA DUNCAN, MD

This workshop will explore the unique mental health challenges currently facing African American women, with a particular focus on the impact of recent forces such as the COVID-19 Pandemic, political unrest and racial trauma. Providers will be able to deliver effective, culturally competent care by understanding how these factors affect the mental health of African American women and how strengths can be leveraged in treatment and in the community to support overall mental and emotional wellbeing.

POLICY TRACK

HUMAN TRAFFICKING

DEANDRE' D MARSHALL, MRE

DdM3 Consulting

Those in attendance will leave this workshop better informed about the truth of human trafficking/exploitation and how it is adversely affecting communities.

FAMILY / COMMUNITY TRACK

The Lack of Mental Health Service & Increased Suicide Rate Among Young People

DAVID AMAKER, MSW AND JESSICA STARR

This workshop will discuss the prevalence and risk levels of suicide among adolescents between the ages of 10-19 years of age, and examine some of the contributing factors.

4:00 – 5:30

CONCURRENT WORKSHOPS

CLINICAL TRACK

Who's Resisting? Just Roll With It!

NICOLE QUICK, LPC, LPCS

Florence School District One

This workshop will help professionals identify clients who may not particularly buy into the "system" helping. You will discuss strategies to roll with the resistance to not only engage clients in services, but sustain an effective working/therapeutic relationship.

FAMILY / COMMUNITY TRACK

The Cross Cultural Conference at 45

ERNEST SHAW, LMSW

This workshop will review the environment that fostered the first Cross Cultural Conference, the creation of the Action Council for Cross Cultural mental Health and Human Services, and the incredible collaboration of dedicated individuals and agencies who sustain our efforts in a changing and complex world.

SATURDAY
FEBRUARY
25TH

8:00 – 9:45

CONCURRENT WORKSHOPS

CLINICAL TRACK

The Miseducation of Anxiety in School Aged Children

MICHELLE EVANS, M.A., NBCC, LCMHC/S, LPC/S

Anxiety in children can present in various ways and is often influenced by family origin, race, age, parenting, environment, and gender. Children can be misdiagnosed or labeled as "bad or lazy" or being problematic in the school setting, and/or in other alternative learning environments, and/or community environments. This workshop will examine the different types of anxiety, and the myriad of symptoms that each child may experience differently.

POLICY TRACK

You Can't Pour from an Empty Glass:

Social Work Ethics and Professional Self-Care

ANTHONY J. HILL, PH.D., LISW-CP, CFSW, ACSW

Chair and Associate Professor

Winthrop University

Department of Social Work

Professional self-care is a recent addition to the NASW Code of Ethics. As noted, "Professional self-care is paramount for competent and ethical social work practice." The didactic and interactive workshop provides the opportunity for participants to conceptually define professional self-care and to identify professional self-care strategies at the micro, mezzo, and macros levels. Additionally, participants will discuss implications for social work practice, research, education and policy.

**FAMILY /
COMMUNITY TRACK**

Maintaining hope as A Helping Professional

CHRISTOPHER WELLS, M.ED.

Maintaining the hope that we can help others is a vital part of being a helping professional. This presentation will explore the challenge in finding a balance between believing we can help others and feeling responsible for the outcomes of others. We will identify strategies to support professionals in preparing and repairing from their interactions as a helping professional to include cognitive strategies to avoid rumination on our potential mistakes as well as ways to respond to our emotional reactions to negative outcomes and the stress we encounter in a way that does not lead to a loss of hope.

10:00 – 11:45

CONCURRENT WORKSHOPS

CLINICAL TRACK

Substance Care with Minoritized Patients

MEG GOETTSCHEs - LPC-A, ADC-IP, MA3

This workshop will involve an examination of how different combinations of intersectional identities create barriers to substance use treatment at all levels of the continuum of care.

POLICY TRACK

**Transitioning Patients to the Community:
A Collaborative Approach**

TRACY RICHARDSON, MA

Director of Transition Programs and

DEMORRIE EVANS, BSW, MSW, LMSW

Transition Specialist Program Manager

SC Department of Mental Health

LEAH BALDWIN LCSW, CSAC

Senior Community Mental Health Liaison

Representing Janssen Neuroscience/Medical Affairs

The workshop will focus on the strategic development transition plans for patients leaving psychiatric hospital(s). It will also focus on resources and psychoeducation needed to assist patients with maintaining in the community after discharging from state psychiatric hospitals.

12:00 – 1:45

OTIS A. CORBITT LUNCHEON

Cyber Sexual Assault

KELLEY R. HOLLADAY, PHD, LMHC, LPCC,
NCC, MAC, CCC, QS (MH)

Assistant Professor & Site Coordinator, Palm Coast

Clinical Mental Health Counseling

Jacksonville University, Palm Coast



SPEAKER

2:00 – 3:45

CONCURRENT WORKSHOPS

CLINICAL TRACK

LGBTQ+ Terminology

SARAH N. HARBIN-COLEMAN, LPC

This workshop will provide attendees a better understanding of correct terminology, and how to competently converse with LGBTQ+ patients.

POLICY TRACK

**Improving the Patient Service Experience through a
Diversity Equity, and Inclusion (DEI) Lens**

B. SUDIE NALLO, PHD, MSW

Clinical Associate Professor

Interim BSW Program Coordinator

*Interim Director of the I DeQuincey Newman Institute
for Peace and Social Justice*

**FAMILY /
COMMUNITY TRACK**

Shame and Substance Use Disorders

CHARISSA WOLFORD, LISW-CP, LAC, CS, MAC
*Clinical Supervisor
The Phoenix Center*

Shame is a pivotal driving factor in addiction. This session will explore the impacts of Shame in relation to Substance Use Disorders. Participants will gain further understanding of how to identify various impacts of shame, how to discuss this with clients, and potential techniques to utilize to assist clients to overcome shame. Participants will have the opportunity to discuss experiences and challenges dealing with shame.

4:00 – 5:30

**PANEL DISCUSSION
TRANSGENDER HEALTH SERVICES:
A HOLISTIC APPROACH**

MODERATOR

DOMENICO RUGGERIO

PANELIST

SARAH N. HARBIN-COLEMAN, LPC
Truesdale Medical Center

CHRIS BUIE
A Trans Patient

MEG GOETTSCHES - LPC-A, ADC-IP, MA3
With You Therapy

ALANDRIA MUSTAFA LPC
Sula Counseling

CHANDLER MASSENGALE
We Are Family- An Affirming Space for LGBTQI+ ALLY YOUTH

ERIC SULLIVAN, LPC, LMFT
Proud Counseling

**SUNDAY
FEBRUARY
26TH**

9:00 – 11:00

CLOSING PLENARY

JACK EMMEL, MD
*Medical Director DAODAS
and Charleston Center*



45th Anniversary Jazz Soirée



FEATURING
International Contemporary Jazz Recording Artist
TRUMPETER WILLIE BRADLEY

SATURDAY, FEBRUARY 25, 2023 | 8:00-10:00

BECOME A MEMBER TODAY!

Membership Application

Please complete the following membership form, detach and mail with dues to:

MEMBERSHIP CHAIRPERSON, ACCMHS
P.O. BOX 1695 • COLUMBIA, SC 29202

Date _____ Membership expires _____

Name _____

Street _____

City _____ State _____ Zip _____

Tel. _____ Fax _____

Email _____

Company _____

All dues and contributions are tax deductible.

Professional disciplines:

Professional Organizations:

Identify Cross Cultural Issues of concern to you:

Are you willing to serve on an Action Council Committee?

How did you find out about Action Council?

Membership Fees

Dues	Type Membership	Check One
\$15	Senior Citizen (age 65+)	<input type="checkbox"/>
\$10	Student	<input type="checkbox"/>
\$20	Individual	<input type="checkbox"/>
\$50	Organization	<input type="checkbox"/>
\$35	Family (2 or more)	<input type="checkbox"/>
\$20	Board Member	<input type="checkbox"/>

Additional Name(s)

**Action Council For Cross Cultural
Mental Health and Human Services**

**P.O. Box 1695
Columbia, SC 29202**

THE ACTION COUNCIL FOR CROSS CULTURAL MENTAL HEALTH AND HUMAN SERVICES

2023 CONFERENCE REGISTRATION

CONFERENCE REFUND POLICY

Cancellation requests **MUST BE RECEIVED** by **MONDAY, February 3, 2023** to ensure a refund. An administrative fee of \$30.00 will be deducted from refunds. Substitutions are suggested instead of cancellations. ***There will be no refunds after the conference.***

We recommend that you register online at our website www.crossculturalactioncouncil.org.
<https://cvent.me/CCC>

PLEASE NOTE TICKETS ARE NOT REQUIRED TO ATTEND THIS CONFERENCE.

Name _____ Phone _____ E-Mail _____
Home Address _____ City _____ State _____ Zip _____
Employer _____ Work Phone _____ State _____
Employer's Address _____ City _____ Zip _____
Last 4 Digits SS#: _____ Special Accommodations _____

Registration by February 17th: \$275 Full Conference (\$265 Action Council Members)
Registration After February 17th: \$300 • On Site Registration: \$300 • One Day Registration: \$150
Student Registration: \$100 Full Conference / \$40 One Day
Jazz Soiree: \$30 for registered conference attendees / \$65 for anyone not registered for the conference

Individuals making on-site payment by State Agency Voucher System must bring a copy of voucher signed by approving authority as proof of payment.

We strive to host inclusive, accessible events that enable all individuals, including individuals with disabilities to engage fully. To request reasonable accommodations, please contact Tracy Richardson, AC Board Secretary at tlrichardson38@gmail.com. COVID Policy: Masks are recommended.

Please complete all sections of the conference registration form and send it, along with payment or voucher, to:
The Action Council
P. O. Box 1695 • Columbia, SC 29202
Email: crossculture.action@gmail.com (or) Fax: 1-866-591-1820
Make Payable to: The Action Council • Visit our website at: www.crossculturalactioncouncil.org

45TH ANNUAL CROSS CULTURAL CONFERENCE

THURSDAY, FEBRUARY 23, 2023 - SUNDAY, FEBRUARY 26, 2023

Hilton Hotel Greenville

45 West Orchard Park Drive • Greenville, South Carolina, 29615 • Reservations: 864-232-4747
<https://www.hilton.com/en/attend-my-event/cross-cultural-conference/>

Columbia, South Carolina 29202

Post Office Box 1695

ACTION COUNCIL

